

Birthdays

1. What was your most memorable birthday?
2. What do you usually do to celebrate your birthday?
3. Where is the best place to have a birthday party? Why is that place so good?
4. What gifts do you like to receive on your birthday?
5. What is the nicest thing you can say to someone on their birthday? What makes a birthday message feel special?
6. At what ages do people have a massive birthday party in your culture?
7. What flavor cake or what type of food do you like to eat on your birthday? Who makes it or where do you get it?
8. Do you sing Happy Birthday at parties? What other birthday songs do you know?
9. How many birthday parties do you go to in a year?
10. Do you make a wish when you blow out birthday candles? What do people usually wish for?
11. What do you wear on your birthday? How is it different from what you wear every day?
12. What three things make a birthday party fun?
13. Do you like to take a lot of photos on your birthday? What kind of photos do you take?

Birthdays

1. What is the best birthday party for someone else you've been to? How about the worst?
2. What were your birthdays like when you were growing up? How are they different now?
3. What birthday traditions are unique to your culture?
4. What is the most creative birthday gift you have ever given someone? How did it go?
5. Have you ever been to a birthday party at a restaurant? What was it like?
6. Have you ever forgotten someone's birthday? Tell me about it.
7. Is it common in your culture to celebrate half-birthdays or name days? How so?
8. Do you like surprise birthday parties? Why?
9. How did you celebrate your last birthday? Did you have a good time?
10. Do you prefer to celebrate your birthday with a few close friends or a big group of people? Why?

Birthdays

1. Do you think that the person having the birthday should pay for the birthday party or should their friends and family pay for the party? Why?
2. Do you prefer giving gifts or receiving gifts? Why?
3. Some people love their birthday and some people hate it. What do you think makes the difference?
4. Do you think social media has changed the way people celebrate birthdays? How so?
5. Do you think people care too much about their birthday as they get older, or not enough? What makes you think that?
6. If you could have any celebrity come to your birthday party, who would you invite and what would you do together?
7. Do you think birthday parties are getting more expensive or less expensive? Why do you think so?
8. How often do you feel pressure to make birthdays special for others? What creates that pressure?
9. Do you prefer surprise birthday parties or planned ones? What's good about each?
10. Should adults celebrate their birthdays every year? Why or why not?
11. What makes a birthday gift meaningful? Give me some examples.

Birthdays

1. How have birthdays changed from generation to generation in your culture?
2. Compare how birthdays are celebrated for children versus adults. What changes and why?
3. What are the psychological effects of making a big deal about birthdays versus treating them as ordinary days?
4. What tensions exist between the desire to make birthdays memorable and the pressure that creates for hosts, gift-givers, and celebrants themselves?
5. In what ways has social media changed the pressure people feel around birthdays? How much does that pressure affect you personally?
6. What role do birthday rituals play in building a sense of community and belonging? Can you think of examples from your own life?
7. How do birthday expectations differ across cultures? What cultural values do these differences reflect?
8. How has the tradition of birthday gifts evolved over time? What social or economic factors have influenced this?
9. How do economic conditions in a country affect the way people celebrate birthdays? What differences might you see between wealthy and less wealthy communities?
10. Some people say that adults should stop celebrating their own birthdays. What arguments could be made for and against this idea?
11. What role does commercial marketing play in birthday celebrations? How much do you think it affects people?

Birthdays

1. To what extent do childhood birthday rituals shape adult expectations about recognition, attention, and self-worth throughout life?
2. What tensions exist between preserving traditional birthday customs and adapting to a more globalized, social-media-driven culture?
3. To what extent do children's birthday parties serve as a stage for parents to compete socially, and what does this trend reveal about modern parenting culture?
4. Why do you think birthdays carry such emotional weight for many people, even when they know it is just an arbitrary date on a calendar? What psychological and cultural forces are at work?
5. How do different religious and secular worldviews shape the way societies think about aging and the significance of marking another year of life?
6. How do birthday celebrations simultaneously reinforce family bonds and create social pressure around expectations of generosity and reciprocity?
7. To what extent has social media transformed birthdays from private milestones into public performances, and what are the implications for authentic celebration?
8. In what ways do milestone birthday celebrations both empower and constrain people by attaching social expectations to specific ages?
9. To what extent have commercial interests shaped what people consider a 'proper' birthday celebration, and how does this affect people who cannot afford to meet those expectations?
10. How does celebrating a birthday each year force people to confront their own mortality, and in what ways do the rituals of celebration serve as a cultural mechanism to manage that awareness?